



Cropredy Church of England Primary School

Station Road, Cropredy, OX17 1PU

Tel: 01295 750210

Email: office.3000@cropredy.oxon.sch.uk

Headteacher: Phil Goldsworthy

Chair of Governors: Chris Kaye

Saturday 4th November 2023

Nut Free School

Dear Parents and Carers,

People who suffer from nut allergies can develop a severe, potentially life-threatening allergic reaction.

If someone has a nut allergy it is not just eating nuts that can cause a severe reaction, just being touched on the skin or smelling the breath of someone who has had nuts or a product containing nuts can trigger anaphylactic shock (which can cause breathing and swallowing difficulties).

To help support the safety and welfare of children in school we cannot have nuts in school in any form. So please can we ask that you have no nut products in the lunch boxes or brought into the school as treats.

For example

- Peanut butter sandwiches
- Chocolate spreads
- Cereal bars
- Some granola bars
- Cakes that contain nuts
- Biscuits / Cookies that contain nuts
- Peanut butter cakes
- Some Asian food, including satay
- Sauces that contain nuts

This list is not exhaustive, so please check the packaging of products closely.

Please can I also ask that parents check that any junk modelling resources that might be brought into school, to ensure that these have not contained any nut products.

I appreciate that this is an additional thing to check but I know that you recognise the importance of this request.

If you have any questions, please do not hesitate to contact me through the school office or speak to me on the playground.

Many thanks for your support

Phil Goldsworthy

