

Physical Education at Cropredy CE Primary School

Intent:

At Cropredy CE Primary School we value high quality physical education, sport and physical activity (PESPA). We aim for all our children to develop a love of sport and an appreciation for how physical activity forms part of a purposeful and healthy lifestyle.

We aim to develop pupils who will be physically active and can flourish in a range of different physical activities.

The aims of our PE curriculum are to develop children who:

- Are willing to practise skills in a range of different activities and situations, alone, in small groups and in teams, and to apply these skills in chosen activities to achieve exceptionally high levels of performance;
- Have and maintain high levels physical fitness;
- Lead a healthy lifestyle which is achieved by eating sensibly, being aware of the dangers of drugs, smoking and alcohol and exercising regularly;
- Are able to remain physically active for sustained periods of time and have an understanding of the importance of this in promoting long-term health and well-being;
- Take the initiative and become excellent young leaders, organising and officiating, and evaluating what needs to be done to improve, and motivating and instilling excellent sporting attitudes in others;
- Are able to experience the highs and lows of competition and equipping the children with valuable life skills, such as: perseverance, team work, resilience and honesty.
- Employ imagination and creativity in their techniques, tactics and choreography;
- Are able to improve their own and others' performances and celebrate their own talents and achievements;
- Can work independently for extended periods of time without the need for guidance or support;
- Have a keen interest in PE - a willingness to participate eagerly in every lesson, highly positive attitudes and the ability to make informed choices about engaging fully in extracurricular sport;
- Can swim at least 25 metres before the end of Year 6 and know how to remain safe in and around water.

Implementation:

We teach 2 x 1 hour of high quality PE lessons each week in KS1 and KS2. All lessons are taught in line with the Primary National PE curriculum, offering pupils a variety of sporting activities in a broad and balanced curriculum.

EYFS will also have PE lessons to support their fine and gross motor development. Lessons will aim to promote and support the key aims of physical development area of the EYFS framework including; co-ordination, control and movement. Young pupils will also be taught about the importance of healthy eating and movement.

We deliver a wide range of sports and activities from Reception through to Year 6 enabling pupils to develop their knowledge and skills in physical education in a variety of different areas. All PE lessons are led by class teachers. We also invite external sports coaches in to school to work alongside teachers and teachers take up regular free partnership sports skill training . This ensures pupils are receiving high quality Physical Education in sport specific areas and also teachers are receiving CPD whilst the sessions are being delivered.

Alongside our curriculum provision for P.E we also provide all pupils with the opportunity to participate in a number of different sports clubs weekly. These clubs may be provided by specialist sports coaches, class teachers or external coaches. Pupils are encouraged to participate in new sports.

Swimming

Through the year, all Key Stage Two classes participate in swimming lessons. The swimming is taught by a specialist swimming instructor who builds on each individual child's ability and their starting points. Many children have external swimming lessons so we ensure that these children, who are already swimming to a high standard, also make good progress through the lessons,

Pupils are encouraged to take part in competitive sport during their time at Cropredy CE Primary School. At the end of each topic, pupils will have the opportunity to participate in a level 1 competition, allowing them to put the skills learnt during lessons into practice in a competitive environment. Additionally, at the end of the school year pupils also compete in a competitive school games event. Pupils from school help to organise sporting events during the school year.

Cropredy CE Primary School is part of the North Oxfordshire Schools Sport Partnership. This provides competitions for our pupils against other schools, CPD for staff and leadership opportunities for our pupils. All pupils are encouraged to take part in a club and represent their school in at least a team event during the academic year.

Impact:

At Cropredy CE Primary School we hope that all pupils develop their physical literacy and leave school wanting to participate in a range of sports and activities.

Pupils should be seen enjoying PE lessons and engaging with team mates in a purposeful and stimulating environment.

Our PE Curriculum is high quality, well thought out and is planned to demonstrate progression. We focus on progression of knowledge and skills in the different physical activity areas and like other subjects discreet vocabulary progression is also promoted in the units of work.

We measure the impact of our curriculum through the following methods:

- A reflection on standards achieved against the planned outcomes;
- Pupil discussions about their learning;
- Video analysis through recordings of performance in lessons.

- The annual tracking of standards across the curriculum.

The impact of our P.E curriculum is also measured in the uptake of our sports after school clubs and participation in inter school sports competitions. Each year we aim for 85% of pupils to have attended a sports club or competed against another school in a sport. Participation levels are tracked by the PE Subject Leader.

External measures are also used to measure the impact of our P.E curriculum. Each year we apply for the School Games Award. This recognises high quality provision in school with either a bronze, silver or gold award. We have achieved the Gold Award for our high quality physical education and school sport.